



XII WKC EUROPEAN KARATE CHAMPIONSHIPS AND EUROPEAN OPEN KARATE CUP FOR CHILDREN 2023

WITH THE PATRONAGE OF THE MUNICIPALITY OF CATANIA

ACSI

KARATE

EUROPEAN OPEN CUP 2023
TOURNAMENT FOR CHILDREN

CATANIA
ITALY

OCTOBER 13TH-14TH
VENUE: PALACATANIA

ORGANIZATION: FIAMSPORT.IT

REGISTRATION: WKC-ORG.NET

KARATE

XII EUROPEAN
CHAMPIONSHIP

FOR CADETS, JUNIORS, SENIORS, MASTERS

OCTOBER 14TH-15TH 2023
CATANIA - ITALY

PALACATANIA

ORGANIZATION: ACSI INFO AND REGISTRATION: WKC-ORG.NET

WITH THE PATRONAGE OF THE MUNICIPALITY OF CATANIA

ORGANIZING COMMITTEE
FIAM (Federazione Italiana Arti Marziali)
Via Giuseppe Genovese Zerbi 27, Rome, Italy
Contact: +39 347 107 3267
Email: segreteria@fiamsport.it



I extend my greetings with enormous pleasure to all athletes participating in the international event - European Open Cup - WKC European Championships, which will take place from 13 to 15 October in the splendid location of Palacatania, returned to the city after an excellent reconstruction work. Catania is a city with a great sporting tradition and always one of the points of reference of the Italian Karate movement.

The international event represents certainly an opportunity to relaunch a dedicated circuit of events also to children and teenagers and which gives greater prominence to the socializing aspects of Sports and Karate in particular, educational pillars that must always be put first in promoting this sport.

In this regard, I thank all the sports organizations and sports clubs, the families who will take part in this important event and who move daily in the gyms and arenas throughout the Italy and Europe to feed the passion of these young Karatekas of the future.

Special thanks also go to the organizing company, ACSI, Association of Culture, Sport and Leisure and FIAM, Italian Martial Arts Federation, Finally, I extend warm greetings to all the staff, collaborators and volunteers who will guarantee the realization of this event.

Sergio Parisi
Alderman in charge of Sports of the City of Catania

Rivolgo con enorme piacere il mio saluto a tutte le atlete, gli atleti ed i ragazzi partecipanti all' evento internazionale - European Open Cup - Campionato Europeo WKC. che si svolgerà dal 13 al 15 Ottobre nella splendida location del Palacatania restituito alla città dopo un'eccellente opera di restyling. Catania è città dalla grande tradizione sportiva e sempre uno dei punti di riferimento più importanti del movimento del Karate italiano.

L'evento internazionale rappresenta senz'altro un'occasione per rilanciare un circuito di eventi dedicato anche ai bambini ed ai ragazzi e che dia maggiore risalto agli aspetti socializzanti dello Sport e del Karate in particolare, pilastri educativi che devono essere sempre messi al primo posto nella promozione di questo sport.

Ringrazio a questo proposito tutte le Organizzazioni sportive e le Società Sportive, le famiglie che parteciperanno a questa importante manifestazione e che quotidianamente si muovono nelle palestre e nei palazzetti di tutta Italia ed Europa per alimentare la passione di questi giovani Karateka del futuro.

Un particolare ringraziamento va inoltre posto alla società organizzatrice, ACSI, Associazione di Cultura Sport e Tempo Libero e FIAM, Federazione Italiana Arti Marziali, Rivolgo, infine, un caloroso saluto a tutto lo staff, i collaboratori ed i volontari che garantiranno la realizzazione di questo evento.

Sergio Parisi
Ass.re allo Sport Città di Catania





Catania



Catania 13 - 14 - 15 October 2023

PROGRAM

**European Open Cup for Children
(open to all federations from around the world!)**

DATE	EVENT	TIME	
THURSDAY, 12th October	Registration and weight control of all Italian and foreign delegations	10 am – 6 pm	All events will take place in Palacatania
	Referee Seminar	4 pm – 6.30 pm	
	WKC Meeting	7 pm	
FRIDAY, 13th October	Registration and weight control	9 am - 12 pm	
	Referee Seminar	10 am - 12 pm	
	Meeting for Coaches	10.30 am-12 pm	
FRIDAY, 13th October European Cup for Children	Kata (individual and teams) and Kumite individual	1.30 pm – 8 pm	Up to 7 yrs. 8 – 9 – 10 yrs. 11 – 12 – 13 yrs.
FRIDAY, 13th October	OPENING CEREMONY OF THE EUROPEAN CUP Parade and lining up of all teams	5 pm	
SATURDAY, 14th European Cup for Children	Kumite individual	8.30 am – 1 pm	11 – 12 – 13 yrs.

XII WKC EUROPEAN KARATE CHAMPIONSHIPS

DATE	AGE
SATURDAY, 14th October: 2.30 pm – 8 pm Kata (individual and teams) and Kumite teams	14 – 15 yrs. (Cadets A)
	16 – 17 yrs. (Cadets B)
	18 – 20 yrs. (Juniors/ Under 21)
	21 – 40 yrs. (Seniors)
	41 – 50 yrs. (Masters)
	51 – 60 yrs. (Silver)
	Over 61 yrs. (Golden)
SATURDAY, 14th October: 5 pm	OPENING CEREMONY OF THE WKC CHAMPIONSHIPS Parade and lining up of all teams
SUNDAY, 15th October: 8.30 am – 5 pm Kumite individual	14 – 15 yrs. (Cadets A)
	16 – 17 yrs. (Cadets B)
	18 – 20 yrs. (Juniors / Under 21)
	21 – 40 yrs. (Seniors)
	41 – 50 yrs. (Masters)
	51 – 60 yrs. (Silver)
	+61 yrs. (Golden)

Registration will be open from 10th to 30th of September 2023. Please, take care to register your competitors and teams on time, as the program will automatically lock.

FOR THE REGISTRÁTION LINK AND INSTRUCTION MANUAL:

Please visit the web site: www.wkc-org.net

Catania 13 - 14 - 15 October 2023

XII European Championships for Cadets, Juniors, Seniors and Masters and European Open Karate Cup for Children

WKC Entry Fees

Individual entry

Children 6-13:

- 30 € (one discipline) – 50 € (two disciplines) - 60 € Team event (kumite or kata team)

Cadets, Juniors, Seniors and Master/Veterans

- 30 € (one discipline) – 60 € (two disciplines) - 60 € Team event (kumite or kata team)

Coach / Referee License – No charge

Annual membership per federation - 350 €

New federations - free in their first year of membership

Referee or Coach License Book - 5 €



In this section we will repeat RULES

RULES - CHILDRENS EUROPEAN CATANIA CUP

KATA

KATA INDIVIDUAL MALE BY STYLE (GOJU-SHITO -WADO-SHOTOKAN)
 KATA INDIVIDUAL FEMALE BY STYLE (GOJU-SHITO -WADO-SHOTOKAN)
 KATA A TEAMS (MALE, FEMALE OR MIXED) – INTERSTYLE

INDIVIDUAL

CATEGORY	AGE
Male / Female	5 + 6 + 7
	8 + 9
	10 + 11
	12 + 13

STYLE	KATA LIST
Wado – Shito – Goju - Shotokan	white belts: Pinan/Heian 1 or equivalent for Goju Ryu
	yellow/orange belts: Pinan/Heian 1, 2, 3 or equivalent for Goju Ryu
	green/bluebelts: Pinan/Heian 1, 2, 3, 4, 5 or equivalent for Goju Ryu
	brown/black belts: Tokui kata chosen from the kata list of their style

RULES		SYSTEM OF JUDGMENT
white belts	can repeat the same kata in each round	flags; aka and shiro perform simultaneously
yellow/orange belts	can not repeat the same kata in two consecutive rounds	
green/blue belts	can not repeat the same kata in two consecutive rounds	flags; aka performs first and shiro performs second
brown/black belts	in finals for the 1st and 2nd place they must perform different kata from the kata performed in eliminations	

All katas must be from the official kata list for each specific style, as indicated in the WKC rules (www.wkc-org.net).

Repechage will take place for athletes who have lost a match with the finalists; the repechage bouts will be considered as a new competition as regards the choice of kata to perform.

TEAMS

CATEGORY	AGE
Male / Female / Mixed	5 + 6 + 7
	8 + 9
	10 + 11
	12 + 13
COMPETITORS MUST BE OF THE EXACT AGE ON THE DAY OF COMPETITION	

STYLE	KATA LIST
Wado – Shito – Goju - Shotokan	white/yellow/orange/green belts: all Pinan/Heian or equivalent for Goju Ryu
	blue/brown/black belts: Tokui kata chosen from the kata list of their style

RULES	
white/yellow/orange/green belts	can repeat the same kata in each round
blue/brown/black belts	can not repeat the same kata in two consecutive rounds

The repechage bouts will be considered as a new competition regarding the choice of kata to perform.

Each federation can enter more than one team. The registration of the same athlete in more than one team is not allowed.

KUMITE

INDIVIDUAL

CATEGORY	AGE	WEIGHT	DURATION OF THE MATCH	RULES
Male	8+9	-34, -39, +39	1' 30 " – NO ENCHOSEN	WKC RULES SHOBU NIHON (4 WAZA ARI/ 2 IPPON)
Female	8+9	-32, -37, +37		
Male	10+11	-40, - 45, +45		
Female	10+11	-35, -40, +40		
Male	12+13	-50, -57, +57		
Female	12+13	-45, -52, +52		
COMPETITORS MUST BE OF THE EXACT WEIGHT ON THE REGISTRATION DAY				
COMPETITORS MUST BE OF THE EXACT AGE ON THE DAY OF COMPETITION				
IN CASE OF A TIE, THE WINNER WILL BE DECIDED BY THE REFEREE PANEL (HANTEI)				

PROTECTION	
THE FOLLOWING PROTECTION EQUIPMENT IS MANDATORY	
AKA must wear black belt, SHIRO white or blue belt	
mitts	White or red for AKA; white or blue for SHIRO. It is not allowed to mix colours.
shin guards	
foot guards	
chest protector	For female categories 12-13 yrs chest guard is obligatory to under the gi
gum shields	
All male categories	
THE FOLLOWING PROTECTION EQUIPMENT IS ALLOWED	
helmet	complete with transparent visor covering the entire face, taekwon do helmets are forbidden. Gum shields are not obligatory.
protection mask	gum shields are obligatory with protection mask

For organizational reasons, the tournament officers reserve the right to merge some categories, with respect of age, rank and weight (kumite). The category to which they belong is determined by the age of the athlete on the day of the competition.

When registering for the kumite competition, it is mandatory to indicate the actual weight of the athlete and the complete date of birth.

RULES

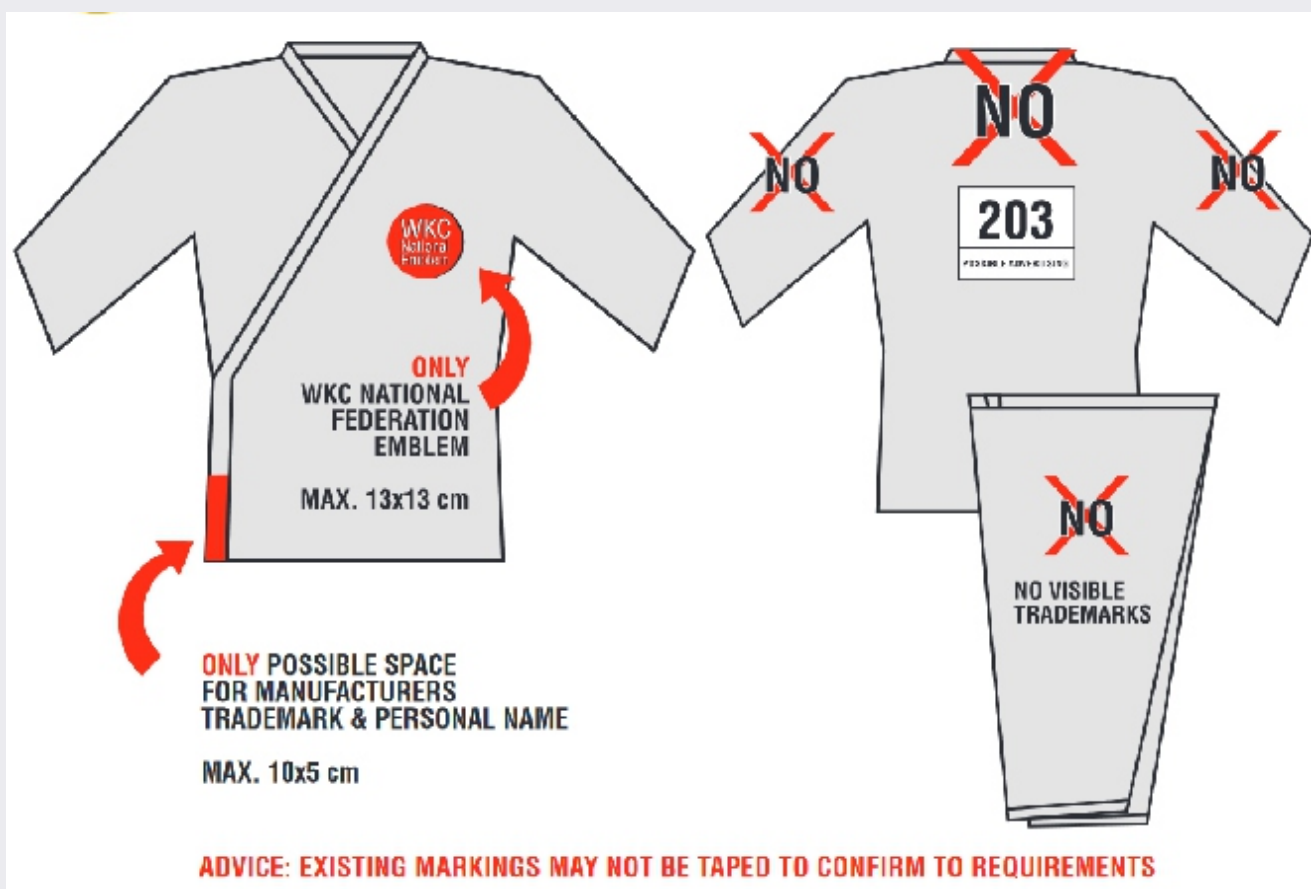
- XII WKC EUROPEAN CHAMPIONSHIPS - FOR CADETS, JUNIORS, SENIORS AND MASTERS

Please, check the following links for categories and rules:

[RULES FOR CADETS](#)

[RULES FOR JUNIORS](#)

[RULES FOR SENIORS AND MASTERS](#)



INFORMATION ON THE AIRPORT TRANSPORTATION

TRANSFERS AIROPORT – HOTELS/VILLAGGE HOTELS

Transfers from the Catania International Airport Fontanarossa to your hotel (one way, per person) :

BUS 50 SEATS € 10,00 per person each way – 45 seats minimum

MINIVAN 8 SEATS € 12,00 per person each way –6 seats minimum

CAR 3 persons + driver € 15,00 per person each way – 3 seats minimum

PAYMENT INSTRUCTIONS:

VILLAGGIO : VILLAGGIO LA PLAYA

Hotel And Food s.r.l.s Viale Kennedy, 47 – 95121 - Catania

BANCA :Banco Popolare Filiale di Belpasso

Cod. IBAN: IT90G0503483870000000001660

CODICE SWIFT: BAPPIT21010

HOTEL 4* : AIRPORT HOTEL

Via San Giuseppe La Rena,94

BANCA : Credit Agricole

Corso Italia 161, 95127 Catania

IBAN: IT15L0623016903000015489375

BIC SWIFT: CRPPIT2PXXX

PLACES YOU CAN VISIT WHILE IN CATANIA

Taormina

An hour from Catania is Taormina, also called the 'Pearl of the Ionian Sea', a town that overlooks the sea and offers visitors nature, culture and typical Sicilian delicacies. Not to be missed are the Greek Theatre, whose performances make any setting even more magical due to the breathtaking view of the sea, Corso Umberto, the lively main street, and Taormina Cathedral.



Syracuse

Syracuse is a city on the Ionian coast of Sicily, Italy. It's known for its ancient ruins. The central Archaeological Park Neapolis comprises the Roman Amphitheater, the Teatro Greco and the Orecchio di Dionisio, a limestone cave shaped like a human ear. The Museo Archeologico Regionale Paolo Orsi exhibits terracotta artifacts, Roman portraits and Old Testament scenes carved into white marble.

Syracuse is located 68 km South of Catania.



Etna

Etna is the most majestic active volcano in Europe. Mt Etna Volcano dominates the entire province of Catania. It looks like an enormous black cone (white in winter), visible from 250 km away. The distance between Catania and Mount Etna is 30 km.

Temperatures on Etna: how to dress according to the season

One of the fundamental aspects to consider is that the temperatures on Etna are different from those in the city centre. The climate at high altitude (considering 2000 meters above sea level) undergoes phenomena of temperature changes depending on the season, but also on the time of day.

Usually, on Etna there will always be about 10 or 15 degrees Celsius less than in the city centre of Catania, a city that enjoys a mild climate all year round thanks to the presence of the volcano. The temperatures we can expect at 2000 meters, in the autumn: about 0-5° and 10-15°

The advice is to dress in comfortable clothes, but always in layers so that you can cover and/or undress if you feel too hot or too cold. The ideal clothing for Mt Etna would be: comfortable trousers, t-shirts, light long-sleeved sweatshirt, wind-jacket.

