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WORLD KARATE CONFEDERATION

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SENIORS

KATA:

All Kata's performed **must be** from the official WKC Kata list: (*Rules of Karate Competition Part D, Article 9, Appendix IV*).

Unlimited Entry for all Categories

SENIORS

18 years +

All competitors must be a minimum age of 18 years old on the day of competition.

SENIORS

40 years +

All competitors must be a minimum age of 40 years old on the day of competition.

Kata (Individual & Team)
Male & Female

Kata Team
Male & Female
by Style *and* by Federation

Categories in individual Styles with less than 3 competitors in the same age group may be merged together into a "Mixed-Style Category".
(Information regarding this will be sent by Email after the registration deadline).

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SENIORS

KUMITE:

Unlimited Entry for all Categories

Kumite Individual Male & Female

Shobu Sanbon (Fighting time: 3 minutes)

Weight categories:

Male: **-68; -78; 78+ kg**

Female: **-55; -60; 60+ kg**

Shobu Ippon (Fighting time: 2 minutes)

Male: **Open weight**

Female: **Open weight**

Categories in the same age group with less than 4 registered competitors may be merged together.

(Information regarding this will be sent by Email after the registration deadline).

Kumite Team

Male & Female

Shobu Ippon + Shobu Sanbon

(3 competitors + 1 reserve)